

Lord, I believe.

# HELP MY UNBELIEF

DAY OF REFLECTION

SAT | FEB 3 | 8:30 - 3:00

St. Stephen, Martyr Catholic Church



REGISTER

 Eucharistic Revival

## It looks like bread. It tastes like bread.

Many of us struggle to believe that Jesus is truly present in the Eucharist. **Help My Unbelief** is a Day of Reflection designed to remove intellectual and spiritual stumbling blocks and bridge the 18 inch gap between our head and heart.

We all know someone who struggles to believe that Jesus is truly present in the Eucharist. Consider registering for them and inviting them to attend with you.

**Register for Help My Unbelief.** \$20 registration includes continental breakfast and lunch.

**Register for childcare.** Free childcare is available for ages 9m - 5 years from 9:15 -11:15 and 12:15 - 1:45. Space limited.

### SCHEDULE

- 8:30 Mass (with special blessing)
- 9:15 Breakfast
- 9:30 ***Making the Case for the Eucharist*** Chris Emsley
- 10:30 Head Table Talk
- 11:00 ***Making the 18" Journey from your Head to your Heart*** Brooke Fitzharris
- 11:30 Heart Table Talk
- 12:00 Lunch
- 12:45 **Breakout (Choose 1)**
  - Little Disciples at Home: Cultivating a Domestic Church* Brooke Fitzharris
  - Nurturing Faith in Teens and Young Adults* Christina Kieser
  - Reaching Prodigals* Dr. Jack Buckner
  - Eucharistic Miracles* Chris Emsley
- 1:30 ***Adoration Basics*** (optional) Dr. Barbara Harrington
- 1:45 Adoration & Reconciliation
- 2:45 ***I Believe...Now What?*** Christina Kieser