



- * **Do you feel pulled in many directions?**
- * **Do you find it hard to balance the demands placed on your time?**
- * **Is it difficult to manage all the details thrown your way?**

Coming this Fall to SSM...

KEEPING IN BALANCE

The pace and pressure of our lives can leave us feeling frazzled and out of control. God wants to support and help us so that we can be our best in every season of our lives. **Keeping In Balance** takes us on a journey through Scripture as we discover the relevance of Old and New Testament wisdom to our daily challenges. Join us as we explore biblical ways that we can manage life's pace and pressure while living with calm and steadiness. A lifestyle of health and holiness awaits.



This is a 22 week course. Yikes! We know you're busy and 22 weeks sounds intimidating...but don't worry. Come the weeks you can and don't stress about the weeks you can't. You'll soon discover that WWP is exactly the place you need to be to find peace, joy, and balance. Mark your calendars for...

- * **Kickoff** for everyone on Wednesday, **September 20 from 7:00 - 8:30** in Room 5. Come for a night of fun, fellowship, wine and chocolate.
- * **Wednesday mornings** beginning **September 27 from 9:30 - 11:00** in Room 5 with **free childcare**; or
- * **Wednesday evenings** beginning **September 27 from 7:00 - 8:30** in Room 5.

Register online or contact us at WWPSSM@gmail.com.

Pay the \$40 course fee online. (Scholarships available.)

Order "Keeping In Balance" Study Guide at www.wwpstore.com prior to Session 1.

