

FAQ'S

What is Walking With Purpose?

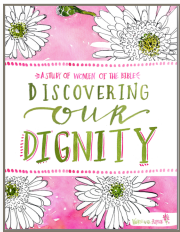
Walking With Purpose is a Catholic women's Bible study that aims to bring women to a deeper personal relationship with Jesus Christ by offering personal study and small group discussion that link our everyday challenges and struggles with the solutions given to us through the teachings of Christ and the Roman Catholic Church.

Which course is right for me?

This year you get to choose between two courses:



Opening Your Heart lays a solid spiritual foundation, effectively leading those in the "seeking" stage of faith to a place of greater depth. At the same time, it challenges spiritually mature women to develop a deeper understanding of the core truths of the Catholic faith. The overall focus is on transformation of heart. In the process, we learn how to apply the Bible in practical ways.



Discovering Our Dignity is an advanced Bible study which gives modern day advice from women of the Bible. Comparison and competition, frustration and discouragement...women back then struggled with some of the same things we find hard today. Through their stories, they reach out to touch our "present" in a tender, honest and loving way.

How much time will I spend completing the lessons in the Study Guide?

Opening Your Heart is a foundational study which requires about 15 minutes of Study Guide prep 5 days a week. **Discovering Our Dignity** is an advanced study which requires about 30 minutes of Study Guide prep five days a week.

Why should I join?

As women, we often put our needs last. This is something for YOU...a place to refuel and refresh your heart and soul, meet wonderful ladies of all ages, learn more about your Catholic faith, and be reminded of God's love for you.

Is there actual walking involved?

Nope. :-)



Who joins WWP?

Since 2016, over 120 lovely ladies have participated in Walking with Purpose at St. Stephen, Martyr. The group included 18 - 80 year olds; first-time bible studiers and lifelong learners; just moved to the area and longtime residents; introverts and extroverts; stay at home moms, working professionals, and retired; single, married, divorced, and widowed; mothers and daughters; and all branches of military.

Is babysitting included?

Free babysitting is available during the morning session. Two Virtus-trained child care providers tend to your children in the nursery directly across from Room 7. Enrollment is limited, so you'll need to register.

What if I can't attend every week?

We know you're busy and 22 weeks sounds intimidating...but don't worry. Come the weeks you can and don't stress about the weeks you can't. You still learn a lot if you do the lesson on your own.

Can I switch between morning and evening sessions?

If you have a conflict with your regular time, feel free to come to the other session on the same day.

What can I expect at the weekly sessions?

First of all, come as you are...work clothes, work out clothes...whatever. We begin in Room 5 for fellowship, coffee, and light snacks; open in prayer; move to small groups for discussion; then close with personal prayer requests. Make sure you bring your Bible each week.

What is the Kick Off Event?

It's fun! It's the only time both morning and evening groups are all together. You'll enjoy wine, punch, and snacks as we get to know each other, introduce the leadership team, tell newcomers about what to expect, and inform past participants about changes for the upcoming year. This year it's on Wednesday, September 19 from 7:00 pm - 8:30 in the Commons.

What if there is inclement weather?

If Chesapeake schools are closed, WWP does not meet and the session will be rescheduled.



What is a Connect Coffee?

A Connect Coffee is our monthly meeting when we watch a 30 minute video by Lisa Brenninkmeyer followed by a shortened small group discussion. Since there is no "homework", these weeks are a perfect time to bring a friend or try out a class.

Do I have to be Catholic to join?

WWP is a Catholic Bible study, but we welcome any women interested in studying God's Word, irrespective of faith background, age, or marital status.

What if I've never been to a Bible study?

This is the perfect place for you to start! You'll want to sign up for *Opening Your Heart: The Starting Point*. No prior Scripture knowledge is required, just your study guide and a Bible.

Can I join anytime?

We encourage enrollment before the beginning of each Bible study season; However, we offer "rolling admission." Visit and join our program anytime.

Can I be in a group with my friends?

Group dynamics is so important, so we do our best to get you with your requested leader or friends. However, small groups need to stay about 15, so groups may need to be split up to as WWP continues to grow. We're not a club. We're a ministry missioned to touch the lives of as many women as possible to experience the love of Christ through Scripture.

Does anyone see what I write in my study guide?

What you write is for your eyes only. It's between you and Jesus.

Where does WWP meet?

We start out in Room 5. Just go past the rest rooms, take a right, and look for the room with the giant pink daisies in front. At times, the evening group meets off site in someone's home when all rooms are booked at church. Details will be provided once the program begins.

Are there refreshments?

Coffee, tea, water, and light snacks are available at each session. Feel free to bring your favorite frothy beverage or yummy treat. Be comfy!



Can I try out a class before I join?

Absolutely. Stop by anytime and try it out. You'll soon discover that WWP is a place to find peace, joy, and balance. If you like it, register and pay online or at your next class.

What if I'm running late or didn't do my lesson?

Out of respect of everyone's schedule, we start on time and end on time. If you are running late, absolutely come anyway. We're busy women and understand that life and schedules present challenges. Although it's ideal to come prepared with your lesson completed, we realize that some weeks it just doesn't happen. Again, come anyway. :-)

What is the course fee for Walking With Purpose?

The course fee is \$40. (Scholarships are available upon request. Contact Ann Emsley.)

How much is the study guide?

Order your study guide prior to the first session at **WWPStore.com**. Guides range from \$20 to \$40 plus shipping. The cheapest shipping usually arrives in two business days.

How can I register?

You can register online at ssmrcc.org/walking-with-purpose/; stop by the Parish Office; come to a Registration Table in the Commons after all the masses on September 8/9 and September 15/16; or register at the Kick Off Event on September 19.

Can I get a refund if I have to drop out?

For whatever reason...you move, your schedule changes, or it simply isn't meeting your expectations...just contact Ann Emsley for a pro-rated course fee refund.

Who do I contact for more information about WWP at St. Stephen, Martyr?

Email Ann Emsley at emsley89@verizon.net.

How can I learn more about other Bible studies offered by Walking With Purpose?

Go to WalkingWithPurpose.com to check out all of the fabulous Bible studies.

